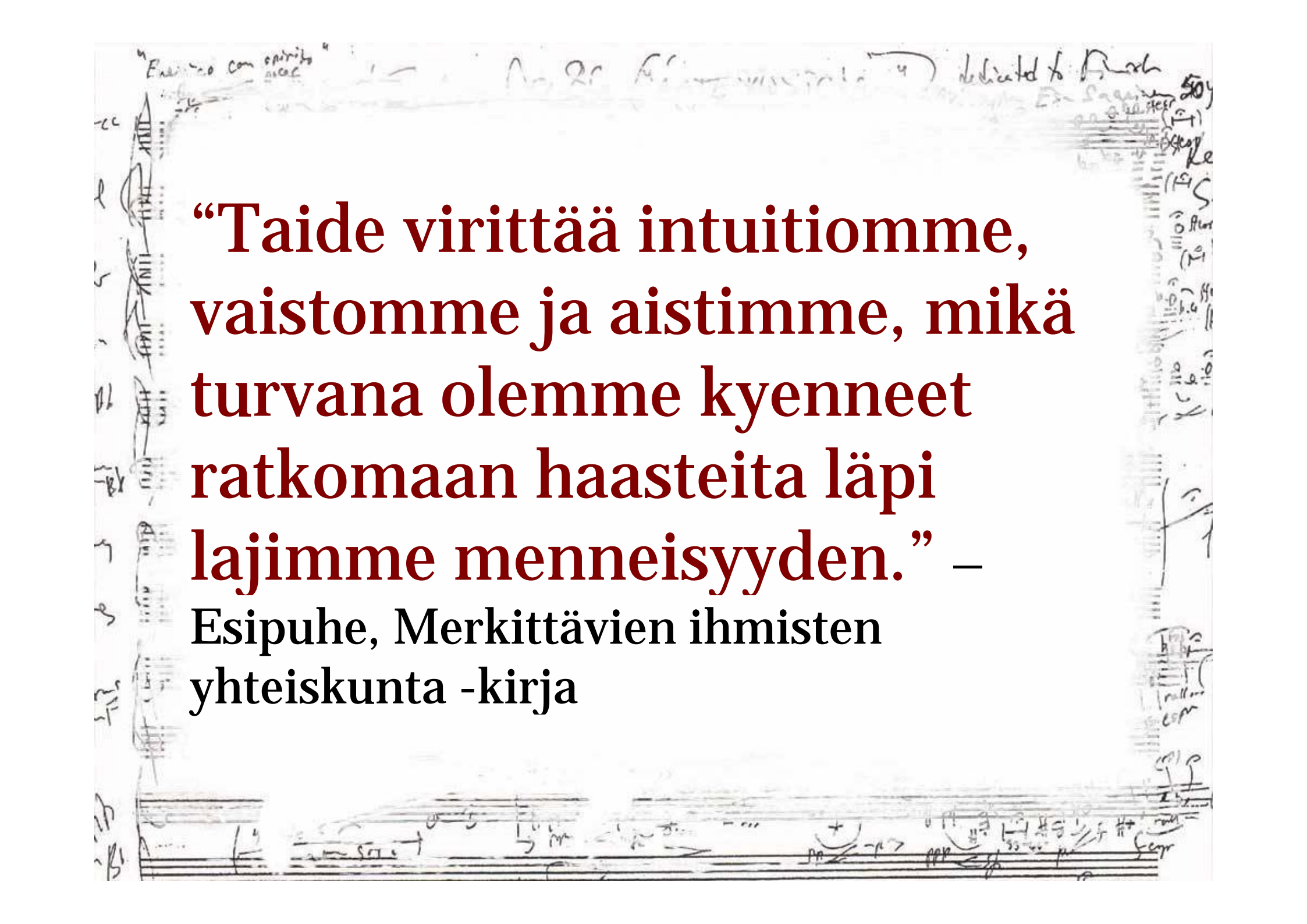


The background of the slide is a handwritten musical score on aged paper. The score is written in black ink and includes various musical notations such as notes, stems, and clefs. At the top left, there is a handwritten note: "Ensemble con spirito". At the top right, it says "dedicated to Bach". The score is partially obscured by the large red text overlay in the center. The text is written in a bold, serif font.

# **Rohkeus, realistinen positiivisuus ja maaginen noste**

**Hymykuopat juhlaseminaari,  
Kulttuuritalo KIVA 25.5.2012**

**Filosofi Esa Saarinen  
Prof., Aalto-yliopisto**

The background of the image is a page of handwritten musical notation. It features several staves with notes, clefs, and various musical symbols. At the top left, there is a handwritten note: "Finis con spirito". At the top right, it says "dedicated to Bach". The text is written in dark ink on aged paper. The quote is centered over the page in a large, bold, red serif font.

**“Taide virittää intuitiomme,  
vaistomme ja aistimme, mikä  
turvana olemme kyenneet  
ratkomaan haasteita läpi  
lajimme menneisyyden.” –**

**Esipuhe, Merkittävien ihmisten  
yhteiskunta -kirja**

The image shows a page of handwritten musical notation. At the top left, there is a note: "Ensemble con spirito". At the top right, it says "No. 20" and "dedicated to Bach". The score consists of several staves with musical notes and clefs. A large, bold, red text overlay is centered on the page, reading: "Ihmisarvoinen elämä nousee voimavaroista, jotka meillä jo on".

**Ihmisarvoinen elämä nousee voimavaroista, jotka meillä jo on**

# Kaksi ajattelun järjestelmää

J.S.B.T. Evans: Dual-Processing Accounts of Reasoning, Judgment, and Social Cognition, Annu. Rev. Psychol. 2008

D. Kahneman: Thinking, Fast and Slow, 2011

## Systeemi 1

- Automaattinen, ei tunnu perustuvan tahtoon tai valintoihin
- Vaivaton ja nopea, ei rasita työmuistia
- Kokonaisvaltainen
- Synnyttää vaikutelmia, tunteuksia ja taipumuksia
- Yhdistää ajatuksellisen helppouden illuusion totuudesta
- Kehityshistoriallisesti vanha
- Yhtäläisyyksiä muihin eläimiin



# Kaksi ajattelun järjestelmää

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## Systeemi 1

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- Yhdistää ajatuksellisen helppouden illuusion totuudesta
- Kehityshistoriallisesti vanha

## Systeemi 2

- Kontrolloitu, sisältäen tahdonalaista ponnistelua ja vaivaa
- Hidas, vaatii energiaa ja rasittaa työmuistia
- Analyyttinen
- Kykenee muotoilemaan sääntöjä
- Kykenee abstraktioon, arviointiin ja hypoteettiseen päättelyyn
- Kehityshistoriallisesti nuori

The background of the slide is a handwritten musical score for the song 'Muumilaakso' by J. V. Koski. The score is written on several staves with various musical notations, including notes, rests, and dynamic markings. At the top left, there is a handwritten note: 'Ensemble con spirito'. At the top right, it says 'dedicated to Bach'. The title 'Muumilaakso' is written in the center of the top staff. The score is written in a cursive, handwritten style.

# Muumilaakson filosofia

1. Töpöjaloillakin pääsee
2. Merille voidaan mennä ja vuorille nousta, mutta loppujen lopuksi Muumilaakso riittää
3. Elämä on kokonaisuus, jossa myönteisyys ylittää moninkertaisesti kielteisen

A handwritten musical score on aged paper, featuring multiple staves with notes and clefs. The text 'Mieluiten 5:1 mutta ainakin 3:1' is written in large, bold, red letters across the center. Below it, the names 'Barbara Fredrickson: Positivity, 2009' and 'Martin Seligman: Flourish, 2011' are written in black. The score includes various musical notations such as clefs, notes, and dynamic markings like 'pp' and 'ppp'. There are also some handwritten notes in the margins, including 'Ensemble con spirito' and 'dedicated to Ruth'.

# Mieluiten 5:1 mutta ainakin 3:1

Barbara Fredrickson: Positivity, 2009

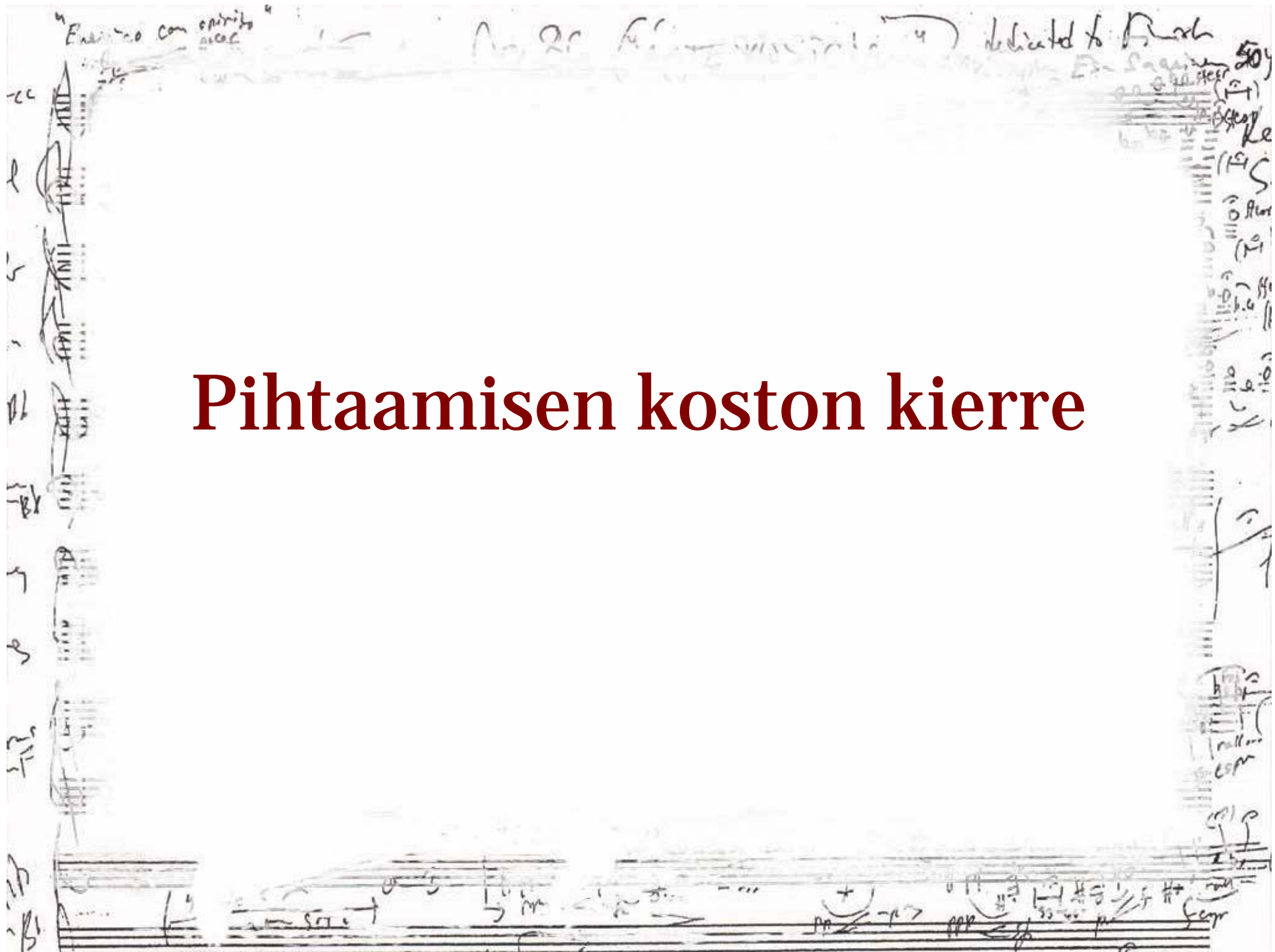
Martin Seligman: Flourish, 2011

The background of the slide is a handwritten musical score on aged paper. At the top left, there is a handwritten note: "Ensemble con spirito". At the top right, it says "dedicated to Bach". The score consists of several staves with musical notation, including notes, rests, and dynamic markings like "pp". The text of the slide is overlaid on this background.

# Perustavia kykyjämme ihmisinä

1. Läsnäolo (nykyhetkisyys)
2. Rinnalla oleminen (yhteys toiseen)
3. Maaginen noste (kohottuneisuus)





# Pihtaamisen koston kierre

Ensemble con spirito  
No. 20 (dedicated to Bach)

The image shows a handwritten musical score for a piece titled "Rouva Askolan periaate". The score is written on multiple staves, with some parts appearing to be for a vocal line and others for instruments. The notation includes various musical symbols such as notes, rests, and dynamic markings. At the top left, there is a tempo marking "Ensemble con spirito". At the top right, there is a dedication "No. 20 (dedicated to Bach)". The score is written in a cursive, handwritten style.

# Rouva Askolan periaate